

## Norfolk Chamber of Commerce & Industry

[www.norfolkchambernetwork.co.uk](http://www.norfolkchambernetwork.co.uk)

This is the one of the main business support agencies in Norfolk that offers member businesses the opportunity to network with other businesses, and regularly holds networking breakfasts and other events in and around Norfolk including a breakfast meeting every third Thursday in Thetford.

Contact: Caroline Williams

Tel: 0845 1297000

Tel: 01603 625977

Email: [info@norfolkchamber.co.uk](mailto:info@norfolkchamber.co.uk)

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## Manufacturing Excellence Club - Thetford

[www.mas-east.org.uk](http://www.mas-east.org.uk)

The Manufacturing Advisory Service in the East (MAS East) is the single point of contact for dedicated hands-on support for manufacturing businesses in the region. Sponsored by the Department of Trade & Industry they have established local Manufacturing Excellence Clubs in areas where there are clusters of manufacturing companies. There is now a Thetford Manufacturing Excellence Club.

Contact:

Richard Bridgman – Warren Services Ltd

Tel: 01842 826400

Email: [richard@warrenservices.co.uk](mailto:richard@warrenservices.co.uk)

Jonathan Read – Breckland Council

Tel: 01842 756529

Email: [business@revproject.com](mailto:business@revproject.com)

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## Women In Business – Thetford

[www.wibforum.co.uk](http://www.wibforum.co.uk)

This is a business networking club that is focussed on providing networking opportunities for women business owners. With over 190 members there is already a significant amount of support for this club in Thetford.

Contact:

Sharon O'Mahoney

Tel: 01493 330338

Email: [wibthetford@aim.com](mailto:wibthetford@aim.com)

## Wayland Women In Business Network

[www.wayland.org.uk](http://www.wayland.org.uk)

A new business networking club for women in and around Watton to share ideas and good business practice, develop client contacts, learn new skills, and take part in training and information sharing.

Contact:

Susan Hollingworth - Wayland Partnership

Tel: 01953 883915

Email: [contact@wayland.org.uk](mailto:contact@wayland.org.uk)

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## Business Network International – Thetford

[www.bni-europe.com](http://www.bni-europe.com)

BNI is a business and professional networking organisation where members generate more business for other members through referrals. The Thetford BNI meets regularly for an early morning breakfast and networking.

Contact: Tim Gale

Tel: 07808 631167

Email: [timgale@bni-eatanglia.co.uk](mailto:timgale@bni-eatanglia.co.uk)

## Retailers Forum - Thetford

A forum for all the town centre businesses in Thetford.

Contact:

Susan Glossop – Thetford Town Manager

Tel: 01842 754038

Email: [susanglossop@thetfordtowncouncil.gov.uk](mailto:susanglossop@thetfordtowncouncil.gov.uk)

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## West Norfolk Federation of Small Business - Breakfast Club

The West Norfolk FSB covers parts of the Breckland area and some club meetings are held in the Breckland market towns and surrounding areas for FSB members.

Contact:

David Bignall - Chairman West Norfolk FSB

Tel: 07779 244 305

Email: [dcb@davidbignall.go-plus.net](mailto:dcb@davidbignall.go-plus.net)

## Larking Gowen Business Breakfast Forum - Dereham

Larking Gowen Chartered Accountants runs the Business Breakfast Forum in Dereham for businesses in and around Dereham. Topics include increasing sales growth, marketing and legal updates for small businesses.

Contact:

Chris Greeves or Anna Nursey

Tel: 01362 693318

Email: [anna.nursey@larking-gowen.co.uk](mailto:anna.nursey@larking-gowen.co.uk)

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## Norfolk Network

[www.norfolknetwork.com](http://www.norfolknetwork.com)

Norfolk Network was created and is run by small and medium sized enterprises and has been developed will foster, guide and support early stage and growing businesses of all sizes, in all sectors. Its purpose is to develop and maintain relationships between businesses in Norfolk through a programme of events with innovative venues and inspirational speakers.

Contact: Lucy Marks – Norfolk Network

Tel: 01603 663340

Email: [info@norfolknetwork.com](mailto:info@norfolknetwork.com)

## Attleborough Business Club & Women In Business

The Attleborough Area Partnership & Attleborough Chamber of Trade have recently started up two networking clubs for businesses in and around Attleborough. Speakers are invited to give short presentations on issues affecting small businesses.

Contact:

Lindsay Abel - Attleborough Area Partnership

Co-ordinator

Tel: 01953 454455

Email: [lindsay@attleboroughareapartnership.org](mailto:lindsay@attleboroughareapartnership.org)

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opportunities knock!

## BUSINESS NETWORKING



Putting business first...